

Monday Morning Gymnastics Club

Dear Parent/ Guardian,

We are pleased to inform you gymnastics club is open for booking for this coming term!

What do we offer in the club?

Weekly structured gymnastics classes with British Gymnastics Qualified coaches focusing on various disciplines in gymnastics. The children partake in a fun warmup and stretch followed by workshops and circuits for the children to gain a range of skills for example floor (cartwheels, handstands etc.), vault, beam, balance, strength and coordination.

- The club is open to year 1 and 2 children only.
- There is a limited number of spaces available filled by a first come first served basis.
- PE kits/ leotards/ sports clothes from home can be worn. Children will be bare foot. Long hair tied back and ALL jewelry removed.
- On the following page please read the clubs COVID-19 plan.
- Unfortunately, once you have paid and secured the space in Gymnastics Club refunds cannot be given.
- If anyone other than parent/guardian is due to be collecting your child please contact us beforehand via email to let us know.
- Any questions please email us at inspiregymnasticschools@gmail.com

Term Dates:(9-week Term)

April: 26th

May: 3rd, 10th, 17th, 24th

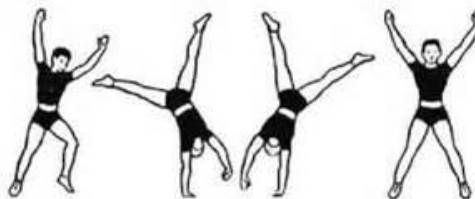
June: 7th, 14th, 21st, 28th

Yours Sincerely,

Jessica Foxwell

Inspire Gymnastics

inspiregymnasticschools@gmail.com



Please return the completed form with payment to the school office as soon as possible to get booked on.

I give my child permission to attend Monday morning gymnastics club from 7.45-8.45am commencing Monday 26th April 2021.

I enclose £49.50 for the 9-week term made payable via cash or cheque to 'Inspire Gymnastics' to get booked on.

Childs Name.....Class/ Year.....

Emergency Contact Number 1.....2.....

Email Address for Confirmation and Receipt.....

I agree to being contacted with information for the term and future classes: YES/NO

I agree that I have read and will adhere to our COVID-19 rules and expectations: YES/NO

Medical Information (including allergies to plasters).....

Signed..... Date.....

What you need to know about our COVID-19 plan

- If your child is displaying any signs/symptoms of COVID-19 please do not bring your child to gymnastics club, these include: high temperature, cough, loss or change to your sense of taste or smell and a sore throat. Do not bring your child to gymnastics if your child or an individual in your child's household is self-isolating or you have returned from a country which requires quarantine on arrival back to the UK.
- The children will be required to use the hand sanitizer upon arrival into the gym hall. The gymnastics coaches will remain social distanced from one another at all times. We also ask that parents do not hang around after 'pick up' to avoid any congestion and to form a socially distanced queue to collect your child as displayed with cones on the floor outside.
- The gymnastics equipment will be cleaned by the coaches before and after use to avoid contamination.
- Your child must bring with them:
 - Enough water for the entire session in water bottles.
- Please sign your child in with our coach present at the outside gate. The coach will be wearing PPE and will be in a position to maintain social distancing from parents. We ask that you do not gather whilst dropping off your child and maintain social distancing at all times.
- Please note that our COVID 19 designated officer is Jess Foxwell and if you have any concerns please contact Jess.

